

Memorial Anteunis 25: Session: 2: COACH evaluation sheet for TEAM: KWZC

Coachinfo: Warming up from: 13:30 untill 14:20. Teamleadmeeting @ 14:15 Relay line-up input: The listed starttimes are indicative!

Coaches: Destoop Jens

Coaches: Nellen Maik HEADCOACH

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 11: 100M BREASTSTROKE WOMEN 11-17					Heat:3, starttime: 14:35
Heat: 3/13 Lane : 5 Athlete: VAN GANSBEKE NORE					Q-time: 01:43:77
PB (25m pool): 01:44.88 Diksmuide 09/03/2025					PB (50m pool): 01:43.77 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:48.03		01:44.88	
	00:48.03		00:56.85		
					

Coach feedback:

Event number: 11: 100M BREASTSTROKE WOMEN 11-17					Heat:10, starttime: 14:49
Heat: 10/13 Lane : 6 Athlete: RAMBOUR ELYNE					Q-time: 01:25:05
PB (25m pool): 01:25.05 Gent 23/02/2025					PB (50m pool): 01:28.97 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.39		01:25.05	
	00:40.39		00:44.66		
					

Coach feedback:

Event number: 12: 100M BREASTSTROKE MEN 11-17					Heat:1, starttime: 14:57
Heat: 1/9 Lane : 5 Athlete: TACK THORBEN					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

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Event number: 12: 100M BREASTSTROKE MEN 11-17					Heat:8, starttime: 15:11
Heat: 8/9 Lane : 8 Athlete: LATTE BRENT					Q-time: 01:17:72
PB (25m pool): 01:17.72 Zwevegem 11/05/2025					PB (50m pool): 01:19.72 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.30		01:17.72	
	00:36.30		00:41.42		
					

Coach feedback:

Event number: 13: 100M FREESTYLE WOMEN 11-17					Heat:5, starttime: 15:23
Heat: 5/20 Lane : 6 Athlete: VAN GANSBEKE NORE					Q-time: 01:17:92
PB (25m pool): 01:18.19 LAGO Zwevegem 09/06/2025					PB (50m pool): 01:17.92 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.57		01:18.19	
	00:36.57		00:41.62		
					

Coach feedback:

Event number: 13: 100M FREESTYLE WOMEN 11-17					Heat:11, starttime: 15:33
Heat: 11/20 Lane : 4 Athlete: VAN GANSBEKE RHUNE					Q-time: 01:08:58
PB (25m pool): 01:08.58 Zwevegem 11/05/2025					PB (50m pool): 01:10.92 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.17		01:08.58	
	00:33.17		00:35.41		
					

Coach feedback:

Event number: 13: 100M FREESTYLE WOMEN 11-17					Heat:15, starttime: 15:39
Heat: 15/20 Lane : 4 Athlete: VAN HOUCKE IMKE					Q-time: 01:04:58
PB (25m pool): 01:04.58 LAGO Zwevegem 09/06/2025					PB (50m pool): 01:05.71 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.60		01:04.58	
	00:31.60		00:32.98		
					

Coach feedback:

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Event number: 13: 100M FREESTYLE WOMEN 11-17					Heat:15, starttime: 15:39
Heat: 15/20 Lane : 9 Athlete: RAMBOUR ELYNE					Q-time: 01:05:60
PB (25m pool): 01:05.60 Zwevegem 11/05/2025					PB (50m pool): 01:07.29 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.06		01:05.60	
	00:32.06		00:33.54		
					

Coach feedback:

Event number: 13: 100M FREESTYLE WOMEN 11-17					Heat:19, starttime: 15:46
Heat: 19/20 Lane : 8 Athlete: BHIJA NOOR					Q-time: 01:01:48
PB (25m pool): 01:01.48 Zwevegem 11/05/2025					PB (50m pool): 01:02.04 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.77		01:01.48	
	00:29.77		00:31.71		
					

Coach feedback:

Event number: 14: 100M FREESTYLE MEN 11-17					Heat:1, starttime: 15:49
Heat: 1/19 Lane : 6 Athlete: BHIJA NASSIM					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 14: 100M FREESTYLE MEN 11-17					Heat:1, starttime: 15:49
Heat: 1/19 Lane : 7 Athlete: TACK THORBEN					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

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Event number: 14: 100M FREESTYLE MEN 11-17					Heat:7, starttime: 16:00
Heat: 7/19 Lane : 1 Athlete: LAVAERT CLÃ©MENT					Q-time: 01:10:29
PB (25m pool): 01:10.70 WAREGEM 21/04/2025					PB (50m pool): 01:10.29 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.79		01:10.70	
	00:33.79		00:36.91		
					

Coach feedback:

Event number: 14: 100M FREESTYLE MEN 11-17					Heat:11, starttime: 16:06
Heat: 11/19 Lane : 2 Athlete: NELLEN THIBO					Q-time: 01:03:26
PB (25m pool): 01:03.26 WAREGEM 21/04/2025					PB (50m pool): 01:05.24 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.79		01:03.26	
	00:30.79		00:32.47		
					

Coach feedback:

Event number: 14: 100M FREESTYLE MEN 11-17					Heat:14, starttime: 16:11
Heat: 14/19 Lane : 0 Athlete: LATTE BRENT					Q-time: 01:00:95
PB (25m pool): 01:00.95 Zwevegem 11/05/2025					PB (50m pool): 01:02.79 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.60		01:00.95	
	00:29.60		00:31.35		
					

Coach feedback:

Event number: 14: 100M FREESTYLE MEN 11-17					Heat:19, starttime: 16:18
Heat: 19/19 Lane : 1 Athlete: BHIJA TARIQ					Q-time: 00:53:62
PB (25m pool): 00:53.62 Gent 23/02/2025					PB (50m pool): 00:55.31 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:25.83		00:53.62	
	00:25.83		00:27.79		
					

Coach feedback:

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Event number: 15: 100M BUTTERFLY WOMEN 11-17					Heat:3, starttime: 16:24
Heat: 3/9 Lane : 4 Athlete: VAN HOUCKE IMKE					Q-time: 01:19:65
PB (25m pool): 01:19.65 LAGO Zwevegem 09/06/2025					PB (50m pool): 01:25.98 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.30		01:19.65	
	00:36.30		00:43.35		
					

Coach feedback:

Event number: 15: 100M BUTTERFLY WOMEN 11-17					Heat:7, starttime: 16:31
Heat: 7/9 Lane : 1 Athlete: DERAEDT TILLE					Q-time: 01:12:82
PB (25m pool): 01:12.82 Gent 23/02/2025					PB (50m pool): 01:17.63 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.03		01:12.82	
	00:34.03		00:38.79		
					

Coach feedback:

Event number: 16: 100M BUTTERFLY MEN 11-17					Heat:2, starttime: 16:39
Heat: 2/7 Lane : 6 Athlete: LAVAERT CLÃ©MENT					Q-time: 01:23:32
PB (25m pool): 01:33.78 Sint-Amandsberg 27/10/2024					PB (50m pool): 01:23.32 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:42.56		01:33.78	
	00:42.56		00:51.22		
					

Coach feedback:

Event number: 16: 100M BUTTERFLY MEN 11-17					Heat:3, starttime: 16:41
Heat: 3/7 Lane : 0 Athlete: NELLEN THIBO					Q-time: 01:18:03
PB (25m pool): 01:19.19 WAREGEM 21/04/2025					PB (50m pool): 01:18.03 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.90		01:19.19	
	00:36.90		00:42.29		
					

Coach feedback:

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Event number: 16: 100M BUTTERFLY MEN 11-17					Heat:3, starttime: 16:41
Heat: 3/7 Lane : 4 Athlete: BEEL NOAH					Q-time: 01:13:47
PB (25m pool): 01:16.90 LAGO Zwevegem 09/06/2025					PB (50m pool): 01:13.47 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.24		01:16.90	
	00:36.24		00:40.66		
					

Coach feedback:

Event number: 16: 100M BUTTERFLY MEN 11-17					Heat:7, starttime: 16:47
Heat: 7/7 Lane : 3 Athlete: BHIJA TARIQ					Q-time: 00:58:11
PB (25m pool): 00:58.11 Gent 23/02/2025					PB (50m pool): 00:59.07 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:26.82		00:58.11	
	00:26.82		00:31.29		
					

Coach feedback:

Event number: 17: 100M BACKSTROKE WOMEN 11-17					Heat:9, starttime: 17:06
Heat: 9/17 Lane : 2 Athlete: VAN GANSBEKE RHUNE					Q-time: 01:20:67
PB (25m pool): 01:20.67 Zwevegem 11/05/2025					PB (50m pool): 01:22.72 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.16		01:20.67	
	00:40.16		00:40.51		
					

Coach feedback:

Event number: 17: 100M BACKSTROKE WOMEN 11-17					Heat:13, starttime: 17:13
Heat: 13/17 Lane : 4 Athlete: DERAEDT TILLE					Q-time: 01:13:93
PB (25m pool): 01:13.93 Gent 23/02/2025					PB (50m pool): 01:15.44 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.67		01:13.93	
	00:36.67		00:37.26		
					

Coach feedback:

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Event number: 17: 100M BACKSTROKE WOMEN 11-17					Heat:14, starttime: 17:15
Heat: 14/17 Lane : 5 Athlete: BHIJA NOOR					Q-time: 01:12:41
PB (25m pool): 01:12.41 Gent 23/02/2025					PB (50m pool): 01:13.17 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.19		01:12.41	
	00:35.19		00:37.22		
					

Coach feedback:

Event number: 18: 100M BACKSTROKE MEN 11-17					Heat:1, starttime: 17:21
Heat: 1/13 Lane : 4 Athlete: BHIJA NASSIM					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 18: 100M BACKSTROKE MEN 11-17					Heat:3, starttime: 17:26
Heat: 3/13 Lane : 4 Athlete: BEEL NOAH					Q-time: 01:27:67
PB (25m pool): 01:29.48 WAREGEM 21/04/2025					PB (50m pool): 01:27.67 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.86		01:29.48	
	00:44.86		00:44.62		
					

Coach feedback: